

Elk Island Retreat

Military Family Day

Saturday, July 21



- Free admission to Elk Island National Park (value \$17 per family)
- Free return bus transportation from the MFRC (limited space)
- Guided Hikes - Junior Naturalist Program - Evening Program
- Sleep overnight in a tipi or trappers cabin
(1/2 price military special. Limited availability. Reserve at 998-0708)
- Traditional aboriginal meal - \$10.
(Bison stew, fresh bannock, mint tea. Reserve at 998-0708)
- Red River Cart rides - \$2



Register at the MFRC by Friday, July 13th
Ph. 973-4011 extension 6300
www.mfrcedmonton.com